

YES! I want to help.

You can support D.A.R.E. in your community by mailing your cheque or money order to the D.A.R.E. BC office or by donating online.

D.A.R.E. BC is a registered not-for-profit society.
Charitable Business No. 89140 7413 RR0001

Name (above)

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Amount Enclosed: \$ _____

Thank you for your generous donation. For donations of \$10.00 or more, please check one:

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We respect your privacy and will not share your personal information.

We would like to send you periodic updates on D.A.R.E. BC events, activities and fundraising projects. Please check here if you DO NOT want to receive such communications from D.A.R.E. BC.

The D.A.R.E. BC Society
4949 Heather Street
Vancouver, BC V5Z 1K6
darebc.com



D.A.R.E.[®]

Children under the age of 19
are 25% of the population in
British Columbia.

Our children are 100%
of our future.

Thank you for investing
in the future!



For more information,
please visit our website at
darebc.com



Drug Abuse Resistance Education



D.A.R.E. is a primary prevention program that involves the community, schools, and law enforcement agencies.

WHY IS D.A.R.E. IMPORTANT?

- ✓ Initiation of tobacco, alcohol, and other drug use often begins in pre-teen years
- ✓ Student drug use is alarming because of the harm it causes to the developing brain and body
- ✓ Research shows the longer we delay or prevent a student from using tobacco, alcohol, and other drugs, the less likely he or she is to develop a substance abuse problem



- ✓ The D.A.R.E. program has been developed based on the latest research in prevention
- ✓ D.A.R.E. offers a variety of interactive group learning activities, designed to encourage students to think critically and make wise choices

D.A.R.E. engages children at the crucial stages of their lives.

D.A.R.E. CURRICULUM

The D.A.R.E. program curriculum focuses on providing children with the following:

- ✓ Decision-making skills that help them stay in charge of their lives



- ✓ Resistance skills so they can refuse offers of drugs in a confident manner
- ✓ Knowledge and practice to recognize and resist peer pressure
- ✓ Basic information about tobacco, alcohol, marijuana, and other drugs and their harmful effects on their developing brains and bodies
- ✓ Positive alternatives to drug use and violent behaviour
- ✓ Affirmation that the majority of kids do not use drugs
- ✓ A positive atmosphere for students to interact with uniformed law enforcement officers

THE “NEW” D.A.R.E. PROGRAM

D.A.R.E. is a comprehensive prevention program with five different levels of instruction. The foundation of the program is contained in the elementary (Grade 5 or 6) and middle school (Grade 7 or 8) curriculums.

The 10-lesson elementary school curriculum builds social skills. Children are empowered with the knowledge and personal skills to make informed choices to live happy, healthy lives, free of drugs and violence. The curriculum introduces students to the D.A.R.E. decision-making model, teaching them to **Define**, **Assess**, **Respond**, and **Evaluate** decisions they make everyday.

The 10-lesson middle school curriculum is a follow-up that reinforces the decision-making model. Age-appropriate scenarios challenge the students to make choices that are **Responsible**, **Respectful**, and **Realistic** - the 3 R's.



Define Assess Respond Evaluate